

HealthWORX

CENTRAL OREGON FALL/WINTER 2017



Welcome to Today's brand of **HEALTH MAGAZINE.**

Introducing Central Oregon's newest health magazine, HEALTHWORX. Publishing Bi-Annually, we'll highlight today's leading health issues, modern advancements and the local medical professionals who are dedicated to serving Central Oregon with world-class medical care.

A FEW OF THE TOPICS IN THIS EDITION

MELANOMA RISKS IN THE HIGH DESERT.

What can you do to protect yourself from melanoma - screenings, prevention, detection.

BREAST CANCER AWARENESS, PREVENTION NEW 3D ADVANCES

We'll explore how 3D tomosynthesis works, its benefits, and how and where to have it done.

NEW MODELS OF HEALTHCARE

OSU-Cascades Student Health Services collaborative model, its use of community resources

THE EVOLUTION OF THE MEDICAL HOME IN CENTRAL OREGON

We'll look at physician-led care; use of data, and team role of caregivers in medical home.

AMBULATORY SURGERY CENTERS (ASC) ... A COST EFFECTIVE MODEL FOR CARE

The advantages of using surgery centers, cost savings and the benefits to patients.

PREVENTATIVE CARE/SCREENINGS BY DECADE - SERIES (20S, 30S, 40S, 50, 60+)

Today's Most important screenings, broken down by Male and Female

COLONOSCOPES REPLACED WITH AT HOME SCREENING TOOLS (DO IT YOURSELF)

What are the benefits and the risks, how they work, and are they covered by insurance?

VACCINATIONS FOR INTERNATIONAL TRAVEL

Explore recommendations, most common ones needed, when you need to get them.

RETIREMENT HOME OPTIONS

Explore the differences between the variety of retirement home living options.

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